Useful information

- Courses and/or workshops should be a minimum of at least 10 weeks per term.
- A prerequisite for an organization to become a member of the Leisure Card activities programme is that its operation/programmes adhere to certain intrinsic and preventative measures/values. That it operate with and under the guidance of qualified instructors at facilities becoming children and young adults.
- The grant may be applied to three separate organizations per term. This enables parents to allocate their payments to a club(s) over the course of the three seasons within that year, or allocate them in one lump sum into one season.

The seasons are as follows:
- Spring: January – May 31st.
- Summer: June – August 31st.
- Fall: September – December 31st.

Any grant residuals, if any, automatically transfer over to a new term, but are not applicable over to the next year.

What is ÍTR?

ÍTR stands for the Department of Sports and Leisure in Reykjavik, the platform of which is spare time. Spare time is supposed to be fun, but it is also an ideal time to engage in creative and challenging projects. ÍTR wants the leisure time service to contribute to social wellbeing and to be a channel for educational, cultural, developmental and democratic participation. The ÍTR leisure time service is aimed at city residents of all ages.

The principal role of the Department of Sports and Leisure is to:
- Present children, adolescents and youths with conditions for active participation in the operations of sports and leisure that have nurturing and preventive values.
- To contribute to the public’s good health by providing individuals of all ages with accessibility to varied sports, comprehensive physical training, entertainment, recreation and relaxation.
- To play a leading role in promoting and developing a professional environment for leisure services.
- To provide the sports and youth associations with services and support.

In order to fulfill its role ÍTR is in excellent collaboration with the city’s other departments, service centres, schools, sports clubs, and social organizations amongst others. ÍTR allocates funding for activities and the development of youth and sports operations in Reykjavik. In addition, ÍTR provides sports and leisure grants to the parents of children aged 6 to 18 through the Leisure Cards.

The following segments come within the operations of ÍTR:
- Swimming pools, gymnasiums, sports centres and leisure centres that oversee community centres and leisure homes.
- Summer courses for children that are operated by the leisure centres and in Naðholsvík.
- Avocations in compulsory schools, football fields, ski slopes, and skating rinks in neighbourhoods and ÍTR service centres.
- Hitt Husid, which is a leisure facility for 16-25 year olds, courses for the disabled, task forces for the disabled, summer comedy and construction fields.
- The heated lagoon and the sailing club at Naðholsvík, skateboard parks, putting fields, Laugardalshöll arena and the Reykjavik Zoo and Family Park.
- ÍTR is also involved with the project Reykjavik Spa City, the Independence Day festivities on June 17, as well as other special projects.

ÍTR - Bæjarhálsi 1 - 110 Reykjavík
Tel. 411-5000 - www.itr.is - itr@itr.is
All who have legal residency in Reykjavik will receive a IKR 25,000 subsidy for their children’s practice fees ages 6-18 years of age. The subsidy is in the form of a LEISURE CARD. With the introduction of the Leisure Card, participation in recreational activities won’t be dependent on socio-economic background.

Why is it a good thing for a child to partake in leisure activities?

Studies have shown that children involved in organized recreational activities are less prone to be involved in antisocial behaviour and/or become socially isolated. With active participation, children will acclimate more readily into new communities, learn the language and make new friends. In addition, their self-esteem and self-image will improve. Children with a healthy sense of self-worth will more readily acclimate into everyday life.

More than 100 various different types of organizations are associated with the Leisure Activities Card i.e. sports clubs, dance schools, youth organizations and music schools. This makes it easy for everyone to find something to their liking. For more information regarding various diverse organizations associated with the Leisure Card, go to ITR’s webpage at www.itr.is under FRÍSTUNDAKORT (LEISURE CARD). Isn’t there something there your child may want to participate in on a regular basis?

How can I utilize the LEISURE CARD?

You don’t have to apply for the grant. The amount allotted to each guardian’s ID number can be found at Rafræn Reykjavík (Reykjavik Digital) – www.reykjavik.is og www.itr.is. Start by registering your child with a club that is a member of the Leisure Activities Card Club. That club will then register the child with Rafræn Reykjavík (Reykjavik Digital). Once a child is registered, the grant may be allocated by the guardian.

Only a guardian with the same legal residence as the child may allocate the grant.

- Register at Rafræn Reykjavík (Reykjavik Digital) www.reykjavik.is, and go to INNSKRÁNING (LOGIN). Enter your identification number (ID) in user name and then password in the field below. If you are registering for the first time and don’t have a password, go to NYÅRSKRÁNING and enter your ID number and email address. A password will be sent to your account on that same day OR you may choose to have it sent by mail by choosing “I want my password to Reykjavik Digital sent to my home address.”
- Once logged in, click the tab that says “FRÍSTUNDAKORT” (LEISURE CARD).
- Choose “RÁDSTAFFA STYRKA” (ALLOCATE GRANT).
- Select the child’s name for which the grant is for from the drop list. If a particular activities club has already registered a child at Reykjavik Digital, the total amount should appear. If the course does not come up you must contact the club.
- Fill in the allotted grant amount in the appropriate box next to the course of choice and click AFRAM (NEXT). Make sure the correct information has been submitted. If all the information is correct, click STÁDTESTA (CONFIRM). The allotted sum will correspond with a club as soon as it has been allocated or disbursed. The sum allocated to a club may not exceed the cost of the course. If the cost of a course exceeds the allotted amount, then the difference is to be paid to the club.

Who assists the legal guardians with the allocation of the LEISURE CARD?

A guardian with the same legal residence as the child allocates the grant at Rafræn Reykjavík (Reykjavik Digital). Should any problems arise while registering, the Telephone Assistance Centre (Síma ver Reykjavíkur) tel. 411-1111 will assist you in registering. Those who do not have access to computers, they can contact the staff at the City’s Service Centres, who will assist with allocating the grant upon the presentation of an identification card.

- Laugadals and Húnaður Service Centre, Síðuhús 39
- Vesturbær Service Centre, Hjarðarhaga 45-47
- Míðborgar and Hília Service Centre, Skúlagata 21
- Breiðholt Service Centre, Álfabakka 12
- Grafaður Service Centre, Langaríma 21
- Árbæjar and Grafarhóls Service Centre, Bæjarhálsi 1

All information regarding the Leisure Card can be found on ITR’s webpage www.itr.is. Queries and/or comments can be sent to frístundakort@itr.is

ATTENTION!
A grant is non-refundable. Familiarize yourself with the club’s payment and collection practices! Each club has its own cut-off date for disbursement allotments! Persons already 18 years of age can register their own ID number and password at Rafræn Reykjavík (Reykjavik Digital).