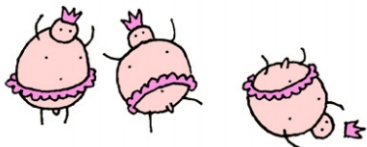


Private Changing Rooms at Reykjavík City Pools

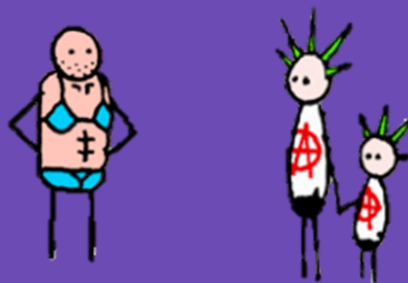


Guidelines and information about private changing rooms



Who Uses the Private Changing Rooms?

Private changing rooms are intended for people who cannot or do not wish to use the gendered changing rooms. This includes people with disabilities, a stoma, trans and intersex people, and families.



Some people that belong to these groups may face various forms of discrimination, have experienced harassment and prejudice. To counteract this, we must provide friendly service and information about the private changing rooms and inform people on how to use them. We want to make sure that these groups feel safe using our facilities.

The private changing rooms are often the only way they are able to go swimming.

There are many reasons why people wish or need to use the private changing rooms, and we cannot guess why just by looking at them. It can be difficult for some people to ask for private changing rooms, some might fear prejudice. It is therefore important that we greet them with friendliness and clear information about our facilities.

We never ask why a person wants to use a private changing room

Facilities vary between swimming pools which means that private changing rooms also vary.



Some guests may be uneasy going to a new pool and not knowing what the facilities are like. We must be understanding about this.

Good Service, Happy Guests

We always do our best to meet the needs of diverse groups and want to make sure that they have a good experience at our pools.

We should be **proud** that we provide private changing rooms, thereby making sure that a diverse group of people can use Reykjavík City pools.

**Let's
welcome all
guests to Reykjavík
City swimming pools
and ensure their
visit is
enjoyable**



A Note on our Private Changing Room Guests

People with Disabilities

The private changing rooms are especially designed to meet the needs of people with physical disabilities. However, people's disabilities can vary and are not necessarily visible.

Some disabled people have assistants that will also use the private changing room. Disabled children also use private changing rooms, sometimes with guardians who may be of a different gender.



Families

There can be many reasons why families wish or need to use private changing rooms. E.g., because of disabilities, anxiety, behavioural problems, gender, gender identity and so on. This can also be the case for adults who need assistance from their children.

Trans People

Many non-binary and other trans people use private changing rooms. Trans men and women however use gendered changing rooms if they so wish.

Non-binary people are neither a man nor woman, many use gender neutral pronouns, e.g., they. A trans woman is a woman who was assigned male at birth but identifies as and is a woman. A trans boy is a boy who was assigned female at birth but identifies as and is a boy.

Not all trans people change their bodies. It is important to respect people's gender identity and not determine gender by sex characteristics, as is defined in the Act on Gender Autonomy no. 80/2019.



Intersex People

Intersex people are born with sex characteristics which cannot be defined as only male or female, such as reproductive organs, genitals, hormones, chromosomes etc. They have diverse gender identities and expressions, just like everyone else.

Some intersex people may wish to use gendered changing rooms, and some may wish to use private changing rooms.