**Ofnæmis- eða óþolsvaldar í matnum okkar**

Athugið – Tilgreinið nafn korn sem innihaldur gluten í viðeigandi dálk og/eða nafn hnetutegundar í viðeigandi dálk.

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| Réttir | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | **Sellerí** | **Korn sem inniheldur glúten** | **Krabbadýr** | **Egg** | **Fiskur** | **Lúpína** | **Mjólk** | **Lindýr** | **Sinnep** | **Hnetur** | **Jarðhnetur** | **Sesamfræ** | **Soja** | **Súlfít** |
| Túnfiskssalat  (Dæmi) | **✓** |  |  | **✓** | **✓** |  | **✓** |  | **✓** |  |  |  |  |  |
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| Yfirfarið dags: |  | Yfirfarið af: |  |  | HER logo |